

# Chemotherapy-Related Cognitive Impairment and Changes in Neural Network Dynamics

## A Systematic Review

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## Abstract

### Background and Objectives

This systematic review aims to synthesize the current literature on the association between chemotherapy (CTX) and chemotherapy-related cognitive impairment (CRCI) with functional and structural brain alterations in patients with noncentral nervous system cancers.

### Methods

A comprehensive search of the PubMed/MEDLINE, Web of Science, and Embase databases was conducted, and results were reported following preferred reporting items for systematic review and meta-analyses guidelines. Data on study design, comparison cohort characteristics, patient demographics, cancer type, CTX agents, neuroimaging methods, structural and functional connectivity (FC) changes, and cognitive/psychological assessments in adult patients were extracted and reported. Study quality was assessed using an adapted version of the Newcastle-Ottawa Scale (NOS) for observational studies. Qualitative synthesis of cognitive and psychological testing outcomes, functional and structural connectivity changes, and their associations with CRCI were performed.

### Results

From 11,335 records identified, 63 studies analyzing 3,642 patients were included. Study designs included 24 prospective studies, 1 retrospective study, 36 cross-sectional studies, and 2 longitudinal studies. Most studies (75%) focused on patients with breast cancer. Common neuroimaging techniques included functional magnetic resonance imaging and diffusion tensor imaging. Postchemotherapy, many studies reported structural and FC alterations in brain networks such as the default mode, central executive, and dorsal attention networks. Cognitive function was assessed in 56 of the 63 included studies. Of the studies examining specific cognitive domains, 64% reported worsened learning and memory, 56% found impaired processing speed, and 70% identified deficits in attention/working memory in patients after CTX. Of the studies examining associations between connectivity changes and worsened cognitive function, 72% reported significant correlations in postchemotherapy patients. However, most of these studies were of low evidence, while 45% of high evidence-level studies, including prospective cohort studies, did not find significant associations between connectivity alterations and cognitive impairments.

### Discussion

While there is evidence suggesting CTX affects brain connectivity and neural network dynamics that can lead to cognitive difficulties, the findings are inconsistent. More robust and standardized research is needed to conclusively determine the extent of these effects and to develop targeted interventions for mitigating potential cognitive impairments in patients undergoing systemic treatment.

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## Glossary

**ALFF** = amplitude of low frequency fluctuation; **CEN** = central executive network; **CRCI** = chemotherapy-related cognitive impairment; **CTX** = chemotherapy; **DLPFC** = dorsolateral prefrontal cortex; **DMN** = default mode network; **DTI** = diffusion tensor imaging; **FA** = fractional anisotropy; **FC** = functional connectivity; **GMD** = gray matter density; **MD** = mean diffusivity; **NOS** = Newcastle-Ottawa Scale; **NSD** = no significant difference; **RD** = radial diffusivity; **rs-fMRI** = resting state fMRI; **t-fMRI** = task-dependent fMRI; **WM** = white matter.

## Introduction

Cancer is a leading cause of morbidity and mortality globally. In the United States alone, approximately 2 million people are diagnosed and half a million others will die from it every year, respectively.<sup>1</sup> Chemotherapy (CTX) is one of the more researched and effective therapies for cancer that is currently used, used independently or in conjunction with other modalities such as surgery or radiation.<sup>2</sup> Despite its efficacy as an anticancer therapeutic, CTX has been associated with a plethora of side effects such as nausea, vomiting, pain, fatigue, myelosuppression, and neuropathy.<sup>2</sup> One curious adverse effect of CTX is CTX-related cognitive impairment (CRCI), colloquially referred to as “chemobrain.” The mechanisms by which CRCI affects the CNS remain unclear.<sup>3</sup>

CRCI may present as a broad spectrum of cognitive dysfunction, ranging from memory lapses and attention deficits to impairments in executive function.<sup>4</sup> These disruptions to normal neurologic functioning can have profound implications on the quality of life of cancer survivors, with many patients experiencing lingering cognitive challenges long after transitioning into survivorship care. This concern is growing as cancer mortality rates decline, meaning that more individuals are at risk of experiencing the CRCI phenomenon.<sup>1</sup>

This review specifically focuses on CRCI in patients with non-CNS cancers, excluding cases of metastatic brain cancer. One method of evaluating CRCI in these patients is through neuromonitoring studies that examine changes in brain structure and function. This approach, aptly termed connectomics, provides valuable insights into the neural connections within the brain. Connectomics is the comprehensive study of the connectome, the intricate map of neural connections within the brain. It involves the use of advanced imaging techniques, such as functional MRI (fMRI) and diffusion tensor imaging (DTI), to visualize and analyze networks of neural pathways.<sup>5</sup> By understanding the connectome, researchers can gain insights into how CTX may disrupt neural connections that lead to cognitive impairments.<sup>6</sup> This systematic review attempts to collate and analyze the current body of literature pertaining to CRCI in non-CNS cancers, focusing on alterations in the brain’s connectivity secondary to CTX and their effects on patients’ cognition and quality of life.

## Methods

### Study Collection

An extensive review of published studies was conducted, and the findings were reported in accordance with the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) guidelines. This review was not prospectively registered. MEDLINE/PubMed (1974–2023), Web of Science (1998–2023), and Embase (1996–2023) were queried using the terms: (“chemotherapy” OR “systemic therapy” OR “chemobrain” OR “chemo fog” OR “chemotherapy-related cognitive impairment” OR “chemotherapy-induced cognitive impairment”) AND (“cognitive” OR “neurological”) AND (“impairment” OR “dysfunction” OR “deficit” OR “change” OR “abnormality”) AND (“anatomical mapping” OR “brain networks” OR “connectivity” OR “connectome” OR “connectomics” OR “diffusion imaging” OR “functional MRI”). Default search timeframes are provided in parentheses beside each database. The final search was conducted on October 9, 2023.

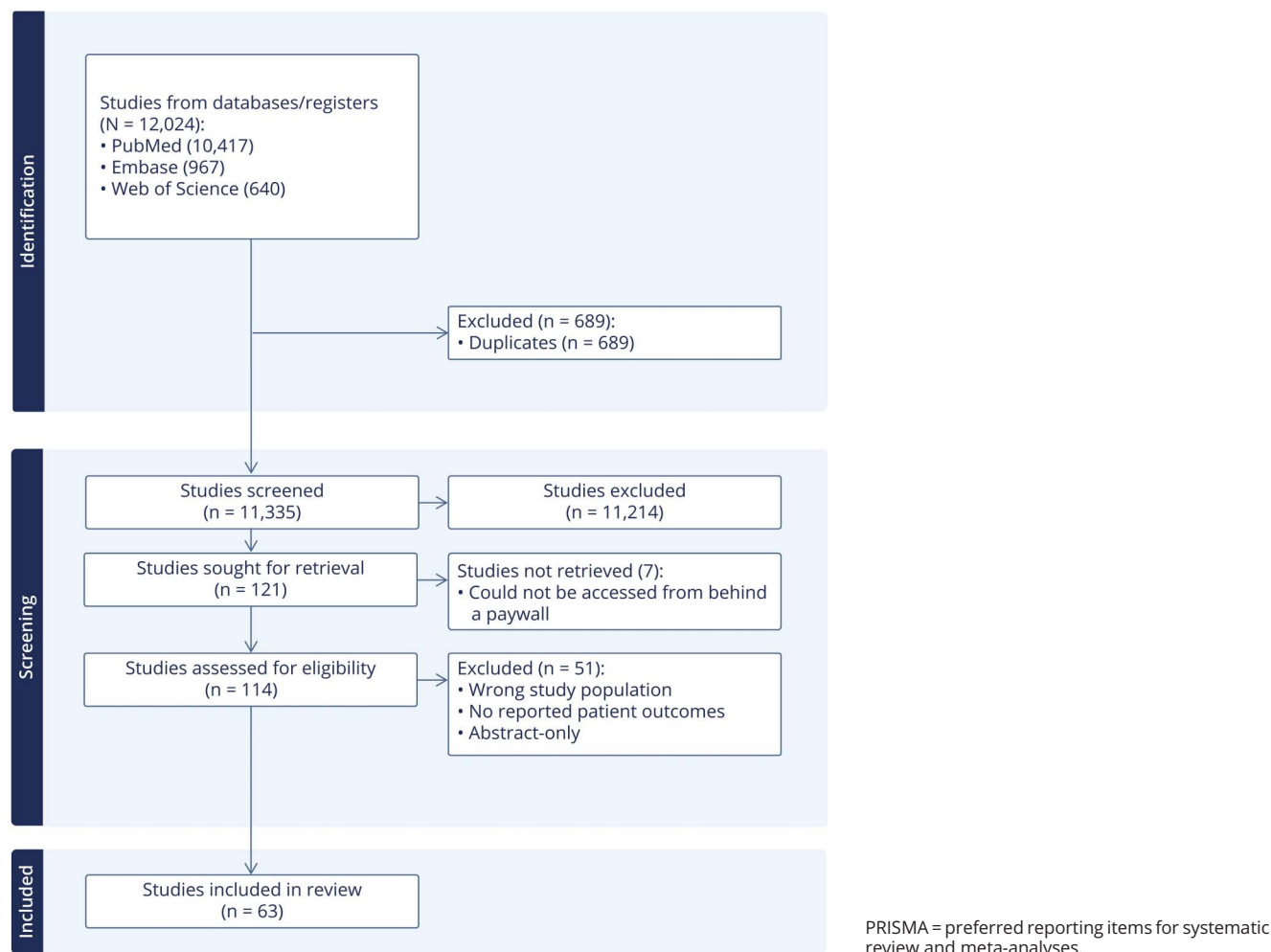
### Study Selection

The titles and abstracts of the resulting articles were screened for inclusion by 4 independent reviewers (S.L., S.A., F.C.O.-U., and R.G.). English in vivo prospective studies, retrospective studies, randomized controlled trials, and case series/case studies relating to impairment secondary to CTX and to connectomics and its associated terms in the title and/or abstract were further scrutinized for eligibility. Non-English studies, ex vivo studies, in vitro studies, pediatric studies, animal studies, feasibility studies, pilot studies, editorials, commentaries, and abstract-only or conference-only publications were excluded. The abstracts of screened studies were further analyzed and included in the final analysis if they examined structural and/or functional connectivity (FC) and reported outcomes in adult patients. Any conflicts were resolved by a senior author (R.D.). The search is fully reported in Figure.

### Data Extraction

Included studies were categorically analyzed by each reviewer, and study characteristics were abstracted, including study design, chemotherapeutic agents used, type of primary cancer, pretreatment disease stage, neuroimaging methods, total cohort size, mean age, previous treatment status, number of patients undergoing CTX treatment, patients undergoing non-CTX treatment, and healthy controls. Level of evidence

**Figure** PRISMA Flow Diagram of the Search Algorithm and Exclusion Criteria Used in This Review



was also characterized for each study according to the Oxford Centre for Evidence-Based Medicine (OCEBM): Levels of Evidence criteria.

Fifty-six studies included cognitive and/or psychological data. Recognizing that there is no single consensus on the organization of cognitive and psychological assessment into functional domains, we relied on an established framework from the literature.<sup>7</sup> Each test was assigned to a specific domain based on this framework, and the initial assignments were independently reviewed by all team members. Discrepancies were discussed and resolved through consensus. If reasonable consensus could not be reached, 2 senior authors were asked to evaluate and resolve the conflict (M.V. and R.D.). This methodical approach allowed us to compile the assessments into 8 cognitive/psychological domains, which are presented in Table 1.

### Quality Assessment

For nonrandomized observational studies, including cohort and cross-sectional designs, we adapted the Newcastle-

Ottawa Scale (NOS) to account for additional quality indicators relevant to our review. Among other variables, we considered the selection and comparability of study groups, the validity of the methods used to ascertain exposures or outcomes, the adequacy of follow-up, and the appropriateness of statistical analyses. Each study was scored to a maximum possible score of 26 points. This quality assessment was applied consistently across all included studies, and the questionnaire can be found in supplementary material, eAppendix 1.

### Standard Protocol Approvals, Registrations, and Patient Consents

Not applicable to this review.

### Data Availability

Data extracted from studies can be found in eTables 1–4, and quality assessments for each study can be found in eTable 5. The NOS quality assessment questionnaire can be found in eAppendix 1.

**Table 1** Categorization of Each Cognitive and Psychological Assessment Into a Functional Domain

| Cognitive or psychological domain         | Assessments   |
|---|---|
| Learning and memory                       | WMS-III Visual Reproduction, Wechsler Memory Scale-Revised Visual Reproduction Test (WMS-R Visual Reproduction Test), Memory Functioning Questionnaire (MFQ), Multifactorial Memory Questionnaire Ability Scale (MMQ), Prospective and Retrospective Memory Questionnaire (PRMQ), California Verbal Learning Test (CVLT), Wechsler Memory Scale-III (WMS-III), Hopkins Verbal Learning Test (HVLT) and the revised edition (HVLT-R), Brown Learning Test (BLT), and Rey-Kim Auditory Verbal Learning Test (RAVLT)   |
| Language                                  | Controlled Oral Word Association Test (COWAT), Boston Naming Test (BNT), Verbal Fluency Test (VFT), and Delis-Kaplan Executive Function System Verbal Fluency Test (D-KEFS VF)  |
| Processing speed                          | Coding subset of the Wechsler Adult Intelligence Scale Third or Fourth Editions (WAIS-III/IV), Digital Symbol Substitution Test (DSST), and Trail Making Test Part A (TMT-A)  |
| Executive function                        | Trail Making Test Part B (TMT-B), Modified Card Sorting Test (MCST), Wisconsin Card Sorting Test (WCST), Behavioral Regulation Index (BRI), Behavioral Rating Inventory of Executive Function (BRIEF), Delis-Kaplan Executive Function System (D-KEFS) Color-Word Interference Test, D-KEFS Sorting Test, D-KEFS Trail Making Test, General Executive Composite (GEC), and Clock Drawing Test (CDT)   |
| Attention/working memory                  | Digit Span and Letter Number Sequence subsets of the WAIS-III/IV, Attentional Function Index (AFI), Digit Span Test (DST), Brief Test of Attention (BTA), Number Connection Test A (NCT-A), Test of Everyday Attention (TEA), Bourdon-Wiersma Dot Cancellation Test (BWDCT), Paced Auditory Serial Addition Test (PASAT), Verbal Working Memory Task (VWMT), and Stroop Color and Word Test (SCWT)  |
| Overall and subjective cognitive function | Mini-Mental State Examination (MMSE), Montreal Cognitive Assessment (MoCA), Global Rating of Cognition (GRC), Mattis Dementia Rating Scale-2 (MDRS-2), MicroCog: Assessment of Cognitive Functioning (MicroCog), Medical Outcomes Study-Cognitive Functioning Scale-revised (MOS-Cog), Cognitive Functioning Scale (CFS), and Global Deterioration Scale (GDS), Multiple Ability Self-Report Questionnaire (MASQ), and Functional Assessment of Cancer Therapy-Cognitive Function (FACT-Cog)  |
| Mood (anxiety and depressive symptoms)    | Three Item Worry Index (TIWI), Beck Anxiety Inventory (BAI), Hamilton Anxiety Rating Scale (HAMA), Self-Rating Anxiety Scale (SAS), State-Trait Anxiety Inventory (STAI), Weinberger Adjustment Inventory (WAI), Hospital Anxiety and Depression Scale (HADS), Hopkins Symptom Checklist-25 (HSCL-25), Beck Depression Inventory (BDI), Clinical Assessment of Depression (CAD), Center for Epidemiologic Studies-Depression Scale (CES-D), Hamilton Depression Rating Scale (HAM-D), Montgomery-Asberg Depression Rating Scale (MADRS), Patient Health Questionnaire (PHQ-8/9), Self-Rating Depression Scale (SDS), Profile of Mood States (POMS), and Impact of Event Scale-revised (IES-R) |
| Quality of life                           | Functional Assessment of Chronic Illness Therapy (FACIT), Functional Assessment of Cancer Therapy-Fatigue (FACT-F), Fatigue Assessment Scale (FAS), Piper Fatigue Scale-Revised (PFS-R), Fatigue Symptom Inventory (FSI), European Organization for Research and Treatment of Cancer Quality of Life Questionnaire (EORTC QLQC-30), Questionnaire of Self-Representations (QSR), Pittsburgh Sleep Quality Index (PSQI), and Perceived Stress Score (PSS)  |

Results

Search Results

A total of 11,335 unique articles were identified in the initial search. After screening titles and abstracts, 63 studies were included in this review, analyzing a total of 3,642 unique patients. Among the included studies were 24 prospective studies, 1 retrospective study, 36 cross-sectional studies, and 2 longitudinal studies. Studies examining the effects of CTX on patients with breast cancer predominated (n = 47). Nine studies reported on lung cancer, both non-small cell and small cell. Two studies examined gynecologic cancers. The rest examined testicular, colorectal, gastric cancers, and lymphoma, and 1 did not specify cancer type.

Of the 63 studies, 37 compared patients with cancer treated with CTX with healthy controls. Eighteen studies compared patients with cancer treated with CTX with cancer patients treated without CTX and healthy controls. Six studies compared patients with cancer treated with and without CTX. One study compared patients with cancer treated with CTX who self-reported cognitive impairment with those who did not self-report cognitive impairment. One study examined a series of CTX-treated patients with cancer.

Neuroimaging changes attributable to CTX were assessed in all included studies, using MRI techniques such as structural and fMRI and diffusion MRI techniques such as DTI.

Of the 24 studies including non-CTX patients with cancer as a control group, 15 studies were cross-sectional, 1 longitudinal, and 8 prospective. Five assessed activation changes through task-dependent fMRI (t-fMRI), 6 assessed white matter (WM) integrity through DTI and MRI, and 13 assessed network changes primarily through resting state fMRI (rs-fMRI). Thirteen of 24 studies reported connectivity findings in both CTX and non-CTX groups and 21 of 24 studies compared differences in cognitive findings in CTX vs non-CTX groups.

The following sections will attempt to detail, summarize, and synthesize study results according to cognitive/psychological domain changes, structural and FC alterations, and their significant associations or correlations following CTX treatment. Additional data on included studies can be found in supplementary material, eTables 1 and 2.

Quality Assessment Results

Twenty-five studies were classified as high quality, achieving scores ranging from 22 to 23 points out of 26. These high-



quality studies largely comprised prospective cohort studies and 1 longitudinal study, which were characterized by rigorous methodological approaches, effective management of confounding variables, and robust statistical analyses.

By contrast, 38 studies were rated as moderate quality, with scores between 18 and 21 points. This group included most of the cross-sectional studies, which were more susceptible to biases inherent in their design. Scoring for each study can be found in supplementary material, eTable 5.

## Cognitive and Psychological Domain Changes Postchemotherapy

Fifty-six of 63 studies included cognitive and/or psychological data, which we distributed into 8 domains: (1) learning and memory, (2) language, (3) processing speed, (4) executive function, (5) attention/working memory, (6) overall and subjective cognitive function, (7) mood (including anxiety and depressive symptoms), and (8) quality of life (Table 2; additional data in supplementary material, eTable 3). Thirty-one of these studies were cross-sectional, 2 were longitudinal, 1 retrospective, and 22 prospective. These studies ranged from moderate to high quality. Thirty-one studies compared CTX patients with healthy controls, 6 compared patients with cancer treated with and without CTX, 17 compared CTX patients, non-CTX patients, and healthy controls, 1 compared self-reported cognitive impairment in CTX patients, and 1 reported on CTX patients only.

Among the 8 domains analyzed, only learning and memory, processing speed, and attention/working memory consistently showed worsened performance in CTX groups. Notably, most of the studies found No Significant Difference (NSD) between CTX and control groups in several domains,

including language, executive function, mood, and quality of life (Table 2). The studies convey great variability in the effects of CTX across cognitive and psychological domains.

### Learning and Memory

Twenty-five studies evaluated learning and memory. Of these, 16 studies (64%) reported significantly worse performance in CTX groups compared with control groups, and 9 studies reported NSD between groups.

### Language

Six studies examined language. Two studies (33.3%) reported significantly worse performance in the CTX groups, while 4 studies reported no difference.

### Processing Speed

Eighteen studies evaluated processing speed. Ten studies (56%) reported significantly worse processing speed in CTX groups, while 8 studies reported NSD between groups.

### Executive Function

Twenty-seven studies evaluated executive function. Twelve studies (44%) reported worse executive function in the CTX groups, while the remaining 15 studies reported no difference.

### Attention/Working Memory

Twenty studies evaluated attention. Fourteen studies (70%) reported significantly poorer attention in the CTX groups, and 6 studies reported NSD between groups.

### Overall and Subjective Cognitive Function

Thirty-five studies evaluated overall and/or subjective cognitive function. Of these, 10 studies reported significantly worse overall cognitive function and 7 studies reported

**Table 2** Cognitive and Psychological Domains Affected by Chemotherapy (CTX)

| Cognitive/psychological domain            | Total reporting studies | Worse performance in CTX group vs all controls | Worse performance in CTX group vs non-CTX group only | Worse performance in CTX group vs healthy controls only | Worse performance in both CTX and non-CTX groups vs healthy controls | No significant difference |
|---|-------------------------|--|--|---|--|---------------------------|
| Learning and memory                       | 25                      | 0  | 3 (12)   | 13 (52)   | 0  | 9 (36)                    |
| Language                                  | 6                       | 0  | 0  | 0   | 2 (33.3)   | 4 (66.7)                  |
| Processing speed                          | 18                      | 1 (5.6)  | 2 (11.1)   | 7 (38.9)  | 0  | 8 (44.4)                  |
| Executive function                        | 27                      | 3 (11.1)                                       | 2 (7.4)  | 9 (33.3)  | 0  | 13 (48.1)                 |
| Attention/working memory                  | 20                      | 0  | 2 (10)   | 12 (60)   | 0  | 6 (30)                    |
| Overall and subjective cognitive function | 35                      | 2 (5.7)  | 3 (8.6)  | 10 (28.6)   | 3 (8.6)  | 17 (48.6)                 |
| Mood                                      | 31                      | 1 (3.2)  | 0  | 5 (16.1)  | 2 (6.5)  | 23 (74.2)                 |
| Quality of life                           | 19                      | 2 (10.5)                                       | 0  | 5 (26.3)  | 2 (10.5)   | 10 (52.6)                 |

This table summarized the number of studies reporting either significant declines or no significant differences in cognitive and psychological domains after chemotherapy. The performance of the chemotherapy group is compared with all controls, nonchemotherapy cancer patient controls, and healthy controls. The data are reported as the number of studies (n) and percentage (%). Domains assessed include learning and memory, language, processing speed, executive function, attention/working memory, overall and subjective cognitive function, mood, and quality of life.

significantly worse subjective cognitive performance in the CTX groups, compared with control groups. One study reported both worsened overall and subjective cognitive function. Conversely, 17 studies found NSD.

### Mood

Thirty-one studies evaluated anxiety or depression. Of these, 5 studies reported significantly more anxiety and depressive symptoms, and 3 studies reported significantly more depressive symptoms alone in CTX groups, compared with controls. Conversely, 23 studies (74%) reported NSD between groups regarding these measures.

### Quality of Life

Nineteen studies evaluated quality of life, fatigue, and stress. Seven of these studies (37%) found significantly higher fatigue and lower quality of life in the CTX groups, 2 found higher levels of stress, and 10 studies reported no significant difference.

## Functional and Structural Connectivity Changes Postchemotherapy

We examined the effects of CTX on brain connectivity as captured by neuroimaging techniques such as rs-fMRI, t-fMRI, structural MRI, and DTI. Studies reported changes in structural connectivity, including WM integrity and gray matter density (GMD), and FC, including resting-state network and activation area changes. Additional data can be found in supplementary material, eTable 4.

### White and Gray Matter Changes

Eleven studies examined white and gray matter changes through DTI and structural MRI. Seven were cross-sectional in design, 3 prospective, and 1 longitudinal. All ranged from moderate to high quality. Five studies compared CTX patients with healthy controls, 5 compared CTX patients, non-CTX patients, and healthy controls, and 1 compared CTX and non-CTX patients only.

Several studies indicated a decrease in fractional anisotropy (FA), a DTI measure of WM integrity, in numerous brain regions. Two cross-sectional and 2 prospective studies reported lower FA in the left inferior longitudinal fasciculus,<sup>8</sup> genu of the corpus callosum,<sup>9</sup> right superior longitudinal fasciculus,<sup>10</sup> and bilateral posterior cingulate gyri and dorsal thalamus.<sup>11</sup> Two other studies reported diffuse decreased FA in frontal, temporal, frontoparietal, and occipital WM tracts.<sup>12,13</sup> One cross-sectional study observed an 8.6% mean decrease in FA in areas like the left anterior corona radiata, left external capsule, and bilateral posterior thalamic radiation in CTX patients vs non-CTX patients.<sup>14</sup>

In addition to decreased FA, increased mean diffusivity (MD) and radial diffusivity (RD) were commonly reported, indicating disrupted WM microstructure. One cross-sectional study observed increased MD in frontal WM,<sup>12</sup> while a prospective study saw widespread higher MD.<sup>10</sup> More specifically, another prospective study reported increased MD and

RD values in the genu of the corpus callosum,<sup>15</sup> and a cross-sectional study saw increased MD and RD in the retrolenticular portion of the bilateral internal capsules and posterior thalamic radiations.<sup>14</sup>

Some studies highlighted changes in GMD alongside WM alterations, with reductions reported in GMD in the left lateral posterior parietal cortex, bilateral cerebellum,<sup>14</sup> bilateral insulae, bilateral parahippocampal gyri, and left anterior cingulate cortex.<sup>8</sup>

### Activation Changes

Fourteen studies—9 cross-sectional and 5 prospective of moderate-high quality—evaluated regional activation changes by using t-fMRI and structural MRI. Eight studies compared CTX patients with healthy controls, 4 studies compared CTX patients, non-CTX patients, and healthy controls, and 2 compared CTX and non-CTX patients only.

Changes in regional brain activation were increased, decreased, or mixed. Of these, 4 reported increases in activation within the postchemotherapy groups, including heightened activity in the temporal, frontal, parietal, and cerebellar regions<sup>16</sup> with specific increases in activation in the bilateral inferior parietal cortex, precuneus, and superior parietal cortex,<sup>17</sup> and right middle frontal and precentral gyri.<sup>18</sup> One prospective study identified varied activation in the frontoparietal region at 1-year postchemotherapy.<sup>19</sup> Conversely, 5 studies reported overall hypoactivation in regions of the frontal, temporal, parietal lobes, and cerebellum, with specific changes in the bilateral insulae, left inferior orbitofrontal cortex, bilateral middle temporal gyri,<sup>20</sup> and right dorsolateral prefrontal cortex (DLPFC).<sup>21,22</sup>

Two studies presented mixed activation patterns. One, a prospective study, found decreased activation in the left inferior frontal and posterior middle gyri 1 month postchemotherapy, but increased activation in the right cerebellar and left inferior precentral gyrus.<sup>23</sup> At 1 year, they observed increased activity in various frontal regions.<sup>23</sup> The other, a cross-sectional study, saw decreased activation in frontal, parietal, and temporal cortices, and the striatum, but increased activation in the left parietal operculum.<sup>24</sup>

### Network Disruptions

Thirty-nine studies assessed changes in network connectivity primarily through rs-fMRI and structural MRI. Twenty-one of these studies were cross-sectional, 16 prospective, 1 retrospective, and 1 longitudinal, all ranging from moderate to high quality. Twenty-four studies compared CTX patients with healthy controls, 9 compared CTX patients, non-CTX patients, and healthy controls, 4 compared CTX and non-CTX patients only, 1 evaluated only CTX patients, and 1 compared CTX patients with and without self-reported cognitive impairment. The most scrutinized network was the default mode network ([DMN];  $n = 12$ ), followed by the central executive network ([CEN];  $n = 4$ ), and dorsal attention network ( $n = 4$ ).

Twelve studies described varying patterns of alterations in the DMN. One cross-sectional study identified lower DMN connectivity in various regions in the frontal and parietal lobes.<sup>25</sup> Another cross-sectional study described both decreased and increased amplitude of low frequency fluctuation (ALFF) and regional homogeneity (ReHo) values in different regions of the bilateral frontal lobes,<sup>26</sup> and a prospective study observed ALFF increases in temporal regions and bilateral precuneus.<sup>27</sup> Notably, longitudinal studies disagreed on regained connectivity over time, with 1 reporting decreased DMN patterns from 1 month to 1 year postchemotherapy without return to baseline,<sup>28</sup> while another found decreased FC in the anterior and posterior DMN 1-week after CTX with increases in FC at 6 months.<sup>29</sup>

### Connectivity Changes Reported in Patients With Cancer Treated With and Without CTX

Thirteen studies assessed structural and FC changes in patients with cancer treated with and without CTX. While the direction of these changes—whether increased or decreased—varied across studies, both groups exhibited alterations in key connectivity metrics.

As outlined in Table 3, the differences in the number of studies reporting changes between CTX and non-CTX groups were relatively small. For example, 3 studies reported changes in WM integrity in CTX patients, compared with 2 studies in non-CTX patients. Alterations in GMD, metabolism, and ALFF were observed in both groups, with 1 study

**Table 3** Connectivity Metric Changes in Patients With Cancer Treated With and Without Chemotherapy

| Connectivity metric            | Studies reporting changes in CTX patients with cancer (n) | Studies reporting changes in non-CTX patients with cancer (n) | Detailed results in CTX patients  | Detailed results in Non-CTX patients   |
|--------------------------------|---|---|---|--|
| <b>White matter integrity</b>  | 3   | 2   | Decreased FA in corona radiata, corpus callosum, and superior longitudinal fasciculus (Deprez 2012); Decreased FA in right superior longitudinal fasciculus and increased MD in right corticospinal tract (Menning 2018); Lower FA and higher AD in left inferior longitudinal fasciculus (Simo 2015) | No significant changes in FA (Deprez 2012); Lower FA and higher AD in various regions (Simo 2015); Decreased FA and increased MD in genu of corpus callosum (Menning 2018) |
| <b>Gray matter density</b>     | 1   | 1   | Decreased GMD in bilateral insulae, parahippocampal gyrus, and anterior cingulate cortex (Simo 2015)  | Decreased GMD in left insula, parahippocampal gyrus, and anterior cingulate cortex (Simo 2015)   |
| <b>Functional connectivity</b> | 4   | 3   | Decreased FC between posterior cingulate cortex and anterior cingulate cortex; increased FC with postcentral gyrus (Zhang 2020); Decreased FC in frontoparietal regions (Kardan 2019)   | Decreased FC between posterior cingulate cortex and middle temporal gyrus; increased FC with postcentral gyrus (Zhang 2020); No significant changes (Kardan 2019)          |
| <b>Metabolism</b>              | 1   | 1   | Hypometabolic network in prefrontal cortex and cerebellar areas (D'Agata 2013)  | Equally hypometabolic in parietal areas and frontal eye field (D'Agata 2013)   |
| <b>ALFF</b>                    | 1   | 1   | Increased mfALFF in frontoparietal and occipital lobes (Shen 2021)  | Increased mfALFF in frontoparietal lobe (Shen 2021)  |
| <b>ReHo</b>                    | 1   | 0   | Increased mReHo in frontoparietal lobe (Shen 2021)  | No change in ReHo (Shen 2021)  |
| <b>Activation</b>              | 3   | 2   | Increased activation in bilateral inferior parietal cortex and precuneus with task load (Menning 2017); Decreased left inferior frontal activation, increased thalamic activation (McDonald 2012)   | Decreased right inferior parietal cortex activation with task load (Menning 2017); Increased left frontal activation (McDonald 2012)                                       |
| <b>Cerebral blood flow</b>     | 1   | 0   | Higher cerebral blood flow in insula, caudate, occipital gyrus, and temporal gyrus (Zhang 2022)   | No changes in cerebral blood flow connectivity (Zhang 2022)  |

Using the 13 studies that included patients with cancer not treated with chemotherapy as a control group, this table compares the number of studies reporting changes in various connectivity metrics between patients with cancer who received chemotherapy (CTX) and those who did not (non-CTX). Metrics include White Matter Integrity, Gray Matter Density, Functional Connectivity, Amplitude of Low-Frequency Fluctuation (ALFF), Regional Homogeneity (ReHo), Activation, and Cerebral Blood Flow. Detailed findings are provided for each group.

reporting changes in each group for these metrics. Functional connectivity changes were slightly more frequent in CTX patients (4 studies) compared with non-CTX patients (3 studies). However, some connectivity metrics such as ReHo and cerebral blood flow changes were only reported in CTX patients, although these were based on a very limited number of studies. Activation changes were documented in both groups, with 3 studies in CTX patients and 2 in non-CTX patients. The reported changes for each group are included in eTable 4.

**Trends in Association Between Connectivity and Cognitive/Psychological Test Performance Postchemotherapy**

Forty-three studies examined associations between connectivity and cognitive or psychological assessment performance in patients treated with CTX. All were of moderate to high quality. Of the 31 studies that observed associations or significant differences between CTX-treated patients and patients with cancer who did not undergo CTX treatment and/or healthy controls, 18 studies examined changes in RSNs through rs-fMRI, 5 studies looked at WM changes, and 8 studies examined miscellaneous changes in activation areas via t-fMRI and GMD changes through structural MRI (Table 4; additional data can be found in supplementary material, eTable 4). Among all studies that evaluated both connectivity and cognitive/psychological performance, 12 studies (28%) did not find any associations between connectivity alterations and cognitive impairments (Table 4). Among only high evidence level studies (i.e., prospective studies), 9 of 20 total studies (45%) did not observe any associations (Table 5).

**Changes in WM Integrity and GMD**

A cross-sectional study assessing the relationship between WM integrity and scores on the Digit Span Test concluded that poor

processing speed in patients postchemotherapy was associated with decreased WM integrity.<sup>30</sup> Similarly, correlations of FA changes with altered attention and processing speed were found in temporal and parietal WM tracts in 1 study<sup>12</sup> and correlations of mean regional FA changes with verbal memory in another.<sup>13</sup> Changes in attention were sometimes accompanied by an increase in self-reported cognitive complaints, including increased distractibility and trouble with word finding, at different timepoints after CTX treatment.<sup>13</sup> In assessments of memory, a prospective study observed that lower FA values in bilateral posterior cingulate gyri were positively correlated with changes in Auditory-Verbal Learning Test scores.<sup>11</sup> However, some studies reported WM changes but observed no significant correlations between cognitive test scores and DTI values in the CTX group.<sup>10,15</sup>

Decreased GMD and hypoactivation were observed in regions related to working memory and verbal fluency after CTX, suggesting an association between GMD changes and declines in cognitive performance in some studies.<sup>8,21,31,32</sup>

**Regional Activation Alterations**

In studies assessing activation areas through tests of executive function through t-fMRI, a high-quality prospective study reported increased parietal activation with increasing executive function task load, coupled with higher levels of fatigue and subjective complaints of cognitive decline in CTX patients.<sup>17</sup> Two studies saw DLPFC hypoactivation that correlated significantly with subjective<sup>33</sup> and objective decreases in executive function.<sup>14</sup>

**Disruptions to Resting-State Networks**

Studies assessing RSNs commonly found post-CTX alterations in FC in regions of the prefrontal cortex.<sup>34–40</sup> In

**Table 4** Relationship Between Connectivity Alterations and Cognitive Changes in Chemotherapy-Treated Patients With Cancer

| Structural or functional connectivity metric | Studies reporting changes in connectivity (n) | Studies reporting corresponding cognitive/psychological changes (n) | Studies reporting no significant differences or correlations (n) |
|--|---|---|--|
| White matter integrity                       | 7   | 5   | 2  |
| Gray matter density                          | 3   | 2   | 1  |
| Default mode network                         | 6   | 3   | 3  |
| Dorsal attention network                     | 2   | 2   | 0  |
| Central executive network                    | 2   | 2   | 0  |
| Salience network                             | 1   | 1   | 0  |
| Hippocampal network                          | 1   | 1   | 0  |
| Other networks                               | 15  | 9   | 6  |
| Activation                                   | 4   | 4   | 0  |

Abbreviation: CTX = chemotherapy. Of 63 studies, 43 reported structural (gray matter density, white matter integrity) or functional (activation, networks) connectivity alterations and corresponding cognitive or psychological changes in CTX patients. Specific resting-state networks (e.g., default mode network, dorsal attention network, central executive network) are indicated when reported.



**Table 5** Relationship Between Connectivity Alterations and Cognitive Changes in Chemotherapy-Treated Patients With Cancer in High Evidence Studies

| Study                 | Study quality | WM, GMD, RSNs  | CTX group connectivity changes  | Association of connectivity with test performance in CTX group   |
|-----------------------|---------------|----------------|---|--|
| Chen, Ye 2020         | High          | WM integrity   | At 1 mo, mean MD and RD values in the genu of the corpus callosum increased (vs HC)   | NSD or correlations  |
| Menning 2018          | High          | WM integrity   | Decreased FA in right superior longitudinal fasciculus and increased MD in right corticospinal tract (vs non-CTX) at 1 y. Widespread higher MD (vs HC)  | NSD or correlations  |
| Tong 2020             | High          | WM integrity   | Lower N-acetylaspartate values in bilateral posterior cingulate gyrus and dorsal thalamus. Lower FA values in bilateral posterior cingulate gyrus   | Positive correlations between changes in AVLT recognition and changes in NAA and FA values in bilateral posterior cingulate gyrus  |
| Bai 2021              | Moderate      | Other networks | Increased ReHo in bilateral orbital frontal, DLPFC regions, decreased in middle frontal gyrus, right superior temporal gyrus, and right middle temporal gyrus   | NSD or correlations  |
| Chen 2019             | High          | Other networks | Increased ALFF in bilateral subcallosal gyri and decreased fALFF in left precuneus. No ReHo changes   | NSD or correlations  |
| Chen, Chen, Deng 2022 | High          | Other networks | Longitudinal signal decreases in right middle occipital and temporal gyri   | Significant negative correlations between the cognitive function scores and SDBOLD values at the right inferior occipital and the right middle temporal gyri   |
| Feng 2020             | High          | Other networks | NSD in FC vs HC at baseline. Post-CTX: increased FC in the left hippocampus and left insula; left anterior hippocampal and left middle temporal gyrus/temporal pole of superior temporal gyrus; right hippocampus and left Heschl gyri/insula; right posterior hippocampal and left superior temporal gyrus/left Heschl gyri                          | NSD or correlations  |
| Feng, Wang 2020       | High          | Other networks | Altered FC in the left and right frontoparietal network, visual network, and self-referential network. Post hoc test showed decreased FC in LFPN, RFPN, SRN, and CEN 1 wk after chemotherapy and increased 6 mo after chemotherapy  | Negative correlation of decreased CEN FC changes with increased DST score changes. Negative correlation of decreased FC changes of SMN/visual network with decreased SDS scores. Negative correlation of increased FC changes of the right calcarine sulcus cortex with decreased changes of SCWT. |
| Hu 2022               | High          | Other networks | Decreased degree centrality values of the right middle frontal gyrus and left precentral/middle frontal gyrus. Decreased GMD of right middle frontal gyrus and left precentral/middle frontal gyrus. Decreased FC between left precentral/middle frontal gyrus and bilateral precuneus  | NSD or correlations  |
| Kardan 2019           | High          | Other networks | FC decreases in frontoparietal regions at 1 mo, with increases at 7 mo  | Improvement of cognitive health over time was paralleled by a disruption and later recovery of resting-state FC in the parietal and frontal brain regions  |
| Kim 2016              | High          | Other networks | Decreased ReHo (vs HC) in bilateral frontal areas, increased ReHo in cuneus. Decreased ALFF in bilateral frontotemporal areas, increased ALFF in the posterior temporo-parieto-occipital areas. Decreased fALFF at the anterior cingulate and bilateral orbitofrontal gyrus, increased at right cerebellum, periorlandic, and temporo-occipital areas | Significant association of lower ALFF in the left inferior frontal gyrus with poor performance of the SCWT.  |

Continued

**Table 5** Relationship Between Connectivity Alterations and Cognitive Changes in Chemotherapy-Treated Patients With Cancer in High Evidence Studies (*continued*)

| Study           | Study quality | WM, GMD, RSNs  | CTX group connectivity changes   | Association of connectivity with test performance in CTX group   |
|-----------------|---------------|----------------|--|--|
| Mo 2017         | High          | Other networks | Increased ReHo in the anterior and posterior lobes of the cerebellum, decreased in the right orbitofrontal area, right middle and superior temporal gyrus, right subcentral area (between the insula and postcentral/precentral gyrus), and left DLPFC and precentral gyrus  | NSD or correlations  |
| Perrier 2022    | High          | Other networks | Lower connectivity (vs HC) between the dorsal anterior cingulate cortex and multiple regions including the superior parietal lobule extended to the precuneus and between the dorsomedial prefrontal cortex and the precuneus and lingual gyrus extended to the posterior cingulate cortex   | Negative correlation of anterior cingulate FC with QSR scores  |
| Chen 2022       | High          | DMN            | At 1 mo: increased FC in subnetworks of bilateral frontal lobes and right temporal lobe, decreased connectivity in subnetworks of medial prefrontal cortex, left temporal lobe, and retrosplenium. Increased FC to the anterior region and decreased FC to the posterior region of anterior cingulate cortex. DMN FC diminished from baseline to 1 mo  | NSD or correlations  |
| Feng, Wang 2020 | High          | DMN            | Altered FC in the ADMN/PDMN. Post hoc test showed decreased FC in ADMN/PDMN 1 wk after chemotherapy and increased 6 mo after chemotherapy  | Negative correlation of decreased ADMN FC changes with increased DST score changes   |
| Zheng 2021      | High          | DMN            | Increased ALFF pre-CTX and post-CTX: left inferior temporal gyrus, right middle temporal gyrus, left middle temporal, upper gyrus, and bilateral precuneus   | NSD or correlations  |
| Hu 2020         | High          | CEN            | At 3–6 mo: reductions in static FC between right DLPFC and bilateral superior frontal gyrus, left middle frontal gyrus, or right medial cingulate gyrus and between left DLPFC and right middle frontal gyrus. Decreased static FC between the right DLPFC and left superior frontal gyrus and increased static FC between the left DLPFC and right insula. Reduced dynamic FC variability between right DLPFC and right superior parietal lobule. Decreased dynamic FC variability between right DLPFC and right precuneus, left DLPFC and right inferior frontal gyrus or left inferior temporal gyrus | Negative correlation of decreased dynamic FC of the right DLPFC to the left superior frontal gyrus with MoCA scores  |
| Jung 2017       | High          | CEN            | Greater spatial variance in task activation in CEN at 1 y (vs HC). Overall verbal working memory task scores at 1 y worse in CTX than HC. CTX performed worse across all levels of task demand   | At 1 y, VWMPT performance and CEN spatial variance were each independently predicted by CTX treatment and their respective baseline values, while cognitive complaints were predicted by baseline level, physical symptoms and worry |

Continued

**Table 5** Relationship Between Connectivity Alterations and Cognitive Changes in Chemotherapy-Treated Patients With Cancer in High Evidence Studies (*continued*)

| Study             | Study quality | WM, GMD, RSNS | CTX group connectivity changes  | Association of connectivity with test performance in CTX group   |
|-------------------|---------------|---------------|---|--|
| Lopez Zunini 2013 | High          | Activation    | Decreased activation in bilateral insulae, left inferior orbitofrontal cortex, and bilateral middle temporal gyri                                     | Higher anxiety scores correlated with more activity in the right medial frontal gyrus and higher fatigue scores correlated with more activity in the right medial frontal gyrus and left hippocampus |
| Menning 2017      | High          | Activation    | Increased activation in bilateral inferior parietal cortex and precuneus extending to superior parietal cortex with increasing task load (vs non-CTX) | Increased parietal activation with increasing executive functioning task load and accompanied by worse physical functioning, higher levels of fatigue, and more cognitive complaints                 |

Abbreviations: ADMN = anterior DMN; ALFF = amplitude of low frequency fluctuation; AVLT = auditory-verbal learning test; CEN = central executive network; CTX = chemotherapy; DAN = dorsal attention network; DLPFC = dorsolateral prefrontal cortex; DMN = default mode network; DST = digit span test; FA = fractional anisotropy; fALFF = fractional amplitude of low frequency fluctuation; FC = functional connectivity; GMD = gray matter density; HC = healthy controls; LFPN = left frontoparietal network; MD = mean diffusivity; MoCA = montreal cognitive assessment; NAA = N-acetylaspartate; NSD = no significant differences; OCEBM = Oxford centre for evidence-based medicine; PDMN = posterior DMN; QSR = questionnaire of self-representations; RD = radial diffusivity; ReHo = regional homogeneity; RFPN = right frontoparietal network; RSN = resting-state network; SCWT = stroop color and word test; SDBOLD = SD of blood oxygen level dependent signal; SDS = Self-Rating Depression Scale; SMN = sensorimotor network; SRN = self-referential network; VWM = verbal memory working task; WM = white matter.

This table presents high-evidence studies reporting structural (gray matter density, white matter integrity) and functional (activation, resting-state networks) connectivity alterations in chemotherapy-treated (CTX) patients, along with corresponding cognitive or psychological changes. Specific resting-state networks, such as the default mode network, dorsal attention network, and central executive network, are indicated when applicable. All studies in this table are prospective and OCEBM evidence level 2.

particular, the DLPFC showed correlations between the strength of its FC and tests of executive function.<sup>36,41,42</sup> In 1 study, attention impairment in CTX patients correlated with the low connectivity of components of the DMN. Functional connectivity of the ventromedial prefrontal cortex and retrosplenium in the medial temporal lobe subsystem significantly correlated with response time in attention tests.<sup>43</sup> Alterations in the CEN correlated with impairments in executive function<sup>42</sup> and greater subjective executive dysfunction and memory complaints correlated with lower connectivity in the anterior cingulate and insula in CTX groups.<sup>44</sup> Decreased FC between the posterior and anterior cingulate in patients with post-CTX lung cancer was positively correlated with reduced Montreal Cognitive Assessment scores in 1 study,<sup>45</sup> and 1 breast cancer study demonstrated an association between DMN dysfunction and signs of accelerated aging in patients with CTX-treated older cancer.<sup>46</sup>

## Discussion

A variety of imaging techniques have been used to assess CRCI-associated neural changes, with the goals of characterizing anatomical and structural changes in white and gray brain matter, assessing connectivity alterations within and between brain networks, or quantifying disruptions in the brain's metabolic environment. MRI, because of its availability, noninvasiveness, and versatility, is an important tool in this research. Structural MRI allows for assessment of the brain's physical structure and offers a high level of anatomical and spatial resolution, including gray matter, WM, and CSF.<sup>47</sup> fMRI is increasingly used to measure brain activity, tracking spontaneous fluctuations in blood oxygen level-dependent

signals over time to observe differential stimulation of brain regions and networks.<sup>48</sup>

Several mechanisms have been proposed to explain observed CTX-induced structural and functional connectomic changes. Chemotherapy is believed to trigger neuroinflammation through increased cellular death and oxidative damage, which disrupts microglial activity. Hormonal changes, disruptions to the blood-brain barrier, DNA damage, telomere shortening, increased cytokine release, and gene alterations related to neural repair are other proposed mechanisms by which CTX treatment can result in cognitive impairment.<sup>49</sup>

This systematic review identified several broad themes related to CRCI and brain connectivity changes. Cognitive impairments in domains such as memory, processing speed, and attention were consistently reported across many studies, suggesting these areas may be particularly vulnerable to CTX effects. However, the evidence linking these cognitive deficits to specific alterations in brain connectivity is inconsistent, which may be due to differences in study design, neuroimaging techniques, and patient populations. Moreover, the variability observed across studies may be influenced by the different chemotherapeutic agents and treatment regimens used. Different agents have varying neurotoxic profiles, which could lead to variations in the extent of brain connectivity changes observed.<sup>50</sup> In addition, the intensity, duration, and combination of CTX regimens could further influence cognitive outcomes. The timing of assessments post-treatment also plays a critical role because cognitive function may change depending on whether the patient is assessed immediately after CTX or several months later. Furthermore, interactions with other

treatments like radiation or surgery could amplify cognitive deficits, complicating the interpretation of results.

To strengthen the evidence in this area, future research should prioritize the standardization of neuroimaging protocols, cognitive assessments, and study designs to reduce variability and improve the comparability of findings across studies. Larger, multicenter studies with diverse patient populations should be conducted to enhance the generalizability of results. Longitudinal studies are also needed to observe changes over time and differentiate between transient and persistent cognitive impairments. In an attempt to understand the association between CRCI and connectivity changes, cognitive function should be a key endpoint in clinical trials. Standardized cognitive assessments should be included and clinical trials should potentially explore interventions aimed at cognitive rehabilitation, which could become a standard part of postchemotherapy care. In addition to traditional survival metrics and cognitive function, trials should consider quality of life as an important endpoint to provide a more holistic view of patient outcomes.

Notably, 13 studies in this review reported structural and FC changes in patients with cancer treated with and without CTX. Although the directionality (i.e., increased or decreased connectivity) of these changes often differed between groups, both groups of patients with cancer exhibited changes in key connectivity metrics. Table 3 outlines how the differences in the number of studies reporting intergroup connectivity changes frequently varies by only 1 study per metric. This suggests that, while studies may point to some effects of CTX on connectivity metrics, the changes do not seem drastically different between CTX and non-CTX groups. While there is a potential trend in this small subset of 13 studies toward CTX affecting brain connectivity, this should be interpreted with caution because of the reportedly minor differences. That said, it is possible that the directionality of connectivity changes may result in more frequent cognitive impairments in patients with cancer treated with CTX. Therefore, comparison groups of patients with cancer not receiving CTX may be equally as important as healthy controls because their inclusion may control for the effects of cancer itself, which may independently influence brain function.

This systematic review suggests that CTX is linked to various structural and functional brain alterations that may contribute to cognitive impairment. However, the evidence remains inconsistent, particularly in the associations between connectivity changes and cognitive outcomes. Further research, particularly in the form of high evidence level studies, is needed to clarify and understand the associations between connectivity changes and cognitive/psychological performance postchemotherapy.

While this review attempts to provide a comprehensive overview of current literature, there are several limitations. First, PubMed, Web of Science, and Embase were the only

databases queried in this review, which may not have captured all available studies. Secondly, only English articles were considered. Third, most included studies were cross-sectional in design, making it difficult to draw any causal associations between the clinical presentation of patients treated with CTX and any underlying connectivity changes. In addition, the reported results in most of these studies were not easily generalizable because the studies were mostly cross-sectional, primarily evaluated patients with breast cancer and were not methodologically consistent.

These studies may also be subject to confounders such as differences in the type of scanner used, motion artifact, patient age and sex, and patient comorbidities, making them difficult to compare directly. Moreover, it is difficult to draw definitive conclusions when there is a lack of consistency in the chemotherapeutic agents used, the type of cancer being treated, and the small sample size of CTX-treated patients in each study, with the largest CTX cohort reported by Koppelmans et al., 2014 ( $n = 187$ ).

This systematic review indicates that CTX is linked to various structural and functional brain alterations, which may contribute to cognitive impairments experienced by patients post-treatment. However, the evidence is not conclusive. Most studies included were cross-sectional, and 45% of high evidence level studies did not find significant associations between CTX and cognitive impairments.

Future research should consider adopting a standardized methodology across studies to reduce variability and improve comparability. Specifically, we recommend the use of a core set of neuroimaging protocols and cognitive assessments that are uniformly applied across studies. This could involve adopting widely accepted imaging modalities such as fMRI and DTI alongside standardized cognitive testing batteries. In addition, research should focus on conducting large, longitudinal studies that follow patients from pretreatment through long-term post-treatment periods, allowing researchers to differentiate between transient and persistent cognitive impairments and better understand the temporal relationship between CTX and changes in brain connectivity. Finally, researchers should consider using mixed-methods approaches that combine quantitative neuroimaging and cognitive data with qualitative patient-reported outcomes to provide an understanding of CRCI and its effects on quality of life.

## Author Contributions

S. Leskinen: drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation of data. S. Alsalek: drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation of data. R. Galvez: drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept



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